



Keeping a Nature Journal



Keeping a nature journal is a great way to sharpen your observation skills and record wildlife sightings. And it's easy—all you need is a pencil or pen and some paper!



various seeds and nuts

acorns

pinecone



When recording data, scientists make sure to include the date, time, weather, and location.

Saturday, April 6, 2013

Cool and cloudy



Finish the sketch of the blue jay feather and maple leaf by drawing in the remaining details



Broadmoor Wildlife Sanctuary



Getting started

- Get some paper. A sketchbook or notebook works best, but plain paper can be used and later placed in a 3-ring binder.
- Grab a pencil or pen. Start with a pencil or pen, and later try adding color with colored pencils, crayons, or paint.
- Find a spot and start recording. Visit your favorite outdoor places during different seasons or at different times of the day and observe the contrast.
- Start journaling! Write or draw what you see, hear, smell, and feel.



American Goldfinch, male
Taken near the thistle feeder, April 2013

Tips

- Record your observations right away. (Don't worry about how it looks!)
- Remember to note the date, time, weather, and your location.
- Photos can make great additions to your journal, so bring your camera!

There's more online!



For printable nature journal pages, visit www.massaudubon.org/go

ready, set,
Go Outside!

